

# Newsletter



Issue No 24 – August 2023



This Harvest we're asking you to help support local people in crisis by collecting tinned and dried food for Newcastle-Staffs Foodbank. We are asking everyone to rally round to give items such as pasta sauces, tinned veg, tinned tomatoes, tinned cold meat, rice pudding and custard, sponge pudding, UHT milk, fruit juice and tinned fruit

Alarming new figures reveal that we have provided **9,584** emergency food parcels to people who couldn't afford the essentials in the borough of Newcastle-under-Lyme over the last year – and **3,590** of these went to children. In addition to this, food banks across the Trussell Trust network provided nearly 3 million (2,986,203) emergency food parcels to people experiencing hunger during this time – with over 1 million of these going to children.

More people are being referred to the food bank because they don't have enough money coming in to cover essential living costs. Rising food and fuel prices, static incomes, high unemployment and changes to benefits are causing many families to struggle to put food on the table but you can help be part of the solution by supporting Newcastle-Staffs Foodbank.

The food bank helps local individuals and families in crisis through the provision of emergency food supplies donated by churches, schools, businesses and the general public. The circumstances surrounding a crisis are unique to every individual, so the food bank partners with frontline care professionals, such as health visitors, social workers and other community-based support workers, who are able to identify people facing hunger and refer them to the food bank. As well as receiving nutritionally-balanced 3 day food parcels, people are welcomed with a cup of tea, listened to and signposted to agencies that are able to offer further support. We also have Citizens Advice advisors present in our centres, as well as the option for referral by telephone and email.

The demands on the food bank are as strong as ever and this is where you can help. Please join us by giving food so that local people in crisis don't face hunger. We really appreciate your support so we can ensure make the greatest possible difference to people experiencing hardship in Newcastle-under-Lyme and the surrounding area.

NB: Please make sure all food is unopened, non-perishable, in date, and undamaged. Thank you!



Donations can be dropped off at our warehouse, or at any of our centres. Can we ask that if you arrange a collection through an organisation and it is more than a couple of bags, you direct your donation to our warehouse wherever possible, or call us so that we can make arrangements with a centre to receive a larger donation.

Opening times for our warehouse and foodbank centres can be found on our website:

<https://newcastlestaffs.foodbank.org.uk/locations/>

## Connect with us!

Instagram - @newcastlestaffsfoodbank

Twitter - @NewcStaffsFB

Facebook - @NewcastleUnderLymeBoroughFoodbank

Helping Local People In Crisis  
Newcastle Staffs Foodbank

# Step Up September

Could you walk 30 minutes every day this September and help to put a stop to UK hunger.



This September, Newcastle-Staffs Foodbank are joining with The Trussell Trust to ask people to put their foot down on hunger. Step Up September challenges you to walk 30 minutes each day this September.

You can complete the challenge in your own time, from wherever you feel comfortable, and it's not the distance you travel but the time you give and the money you raise. If you can't walk every day, then perhaps walk for longer on fewer days – just aim for the total of 900 minutes (or 15 hours).

It is almost September so be sure to act quickly and get your walking gear ready! Try to encourage those around you to get involved, why not take your dog along with you, or get a group together to walk once a week.

## How to sign up:

- Sign up with The Trussell Trust on their website (<https://www.trusselltrust.org/get-involved/fundraise/events/step-up-september/>)
- Set your target (if you raise £100, you can receive a medal!)
- Share your fundraising page and get those around you to support you.
- Clock your progress!



## New Premises Needed...

Over the last few years, we have been generously provided with office and warehouse space by Aspire Housing, making use of rooms in their Housing Depot on Brick Kiln Lane in Chesterton at a very reasonable rent.

However, Aspire Housing are relocating their operation and closing the Brick Kiln Lane site, so we need a new home. Whilst we can contribute some rental costs, we don't have the finances to pay commercial rates for office and warehouse space, and so find ourselves in need of some support to be able to continue the work we do in the local community, supporting those in crisis.

So we are looking for a new location for our warehouse (currently 2 rooms totalling 58.81 sq.m.) and an office, (currently 14.1 sq.m.) before March 2024. Given the rise in our client numbers, additional capacity will be helpful. This relocation also presents an opportunity to consolidate our storage and combine the stock in the warehouse space at Brick Kilon Lane along with the stock held in rooms on Winpenny Road (currently an additional 69.11 sq.m.).

Can you help us? Could you spread the word that we need new premises? Do you or someone you know have connections with businesses and other organisations that you can share our requirements with? Do you know of a large warehouse that has some surplus capacity? Do you know of office space that is currently vacant?

If you can help in some way, or know of someone who might offer some support, please contact our Project Lead Jane, email [projectlead@newcastlestaffs.foodbank.org.uk](mailto:projectlead@newcastlestaffs.foodbank.org.uk).



We want to see a future where food banks aren't needed and we know that together, we can make that happen.

## Newcastle-Staffs Foodbank

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